

RAW EARTH ORGANICS
Lifelong Wellness



UNLOCK YOUR
HAPPINESS & INNER PEACE
MENO ZERO
100% PURE | 500MG/SERVING | 90 VEG CAPSULES

ULTRA POTENT

UNLOCK YOUR HAPPINESS & INNER PEACE

ANTI-INFLAMMATORY HOT FLUSHES MOOD BOOST ENERGY BOOST

Meno Zero is a natural supplement to help women with pre-menopausal, menopausal and post-menopausal symptoms. The combination of natural ingredients work together to alleviate hot flashes, night sweats, anxiety, depression, and vaginal dryness. The added benefits are improvements in bone density health, heart health, joint health, and even weight management.



Black Cohosh, Red Clover & Turmeric alleviate **MENOPAUSE SYMPTOMS**

Black cohosh: May be beneficial for alleviating menopause symptoms. May improve sleep duration and quality. May have a small beneficial effect on weight management in menopausal women.

Red clover: May decrease in osteoporosis risk. May help lower menopause symptoms, such as hot flashes, night sweats, anxiety, depression, and vaginal dryness. Promotes skin and hair health. May improve heart health in postmenopausal women.

Turmeric: Its anti-inflammatory properties may help manage some symptoms of menopause such as joint pain.



Lion's Mane & Bromelain decreases **OSTEOPOROSIS RISK**

Lion's Mane: May decrease osteoporosis risk. May help lower menopause symptoms, such as hot flashes, night sweats, anxiety, depression, and vaginal dryness. May improve heart health in postmenopausal women.

Bromelain: Effective treatment for the pain, soft-tissue swelling, and joint stiffness associated with osteoarthritis.



Dong quai eases **PREMENSTRUAL CRAMPS**

Known as female "ginseng", may help with premenstrual syndrome (PMS), menopause, and cramps.



Vitamin B6 elevates **MOOD**

It helps regulate mood, helps the body cope with stress, and helps with sleep.

INGREDIENTS: Black cohosh (Actaea racemosa), Vitamin B6 (Vitamin B6), Turmeric (Curcuma longa 0), Red clover (Trifolium pratense), Dong quai (Angelica sinensis), Bromelain (Proteolytic enzyme from pineapples), Lions mane mushroom full fruiting body (Hericium erinaceus), veg capsules. **COMPLEMENTARY MEDICINE.** Free from gluten, wheat, salt, sugar, dairy, soya, yeasts, preservatives, artificial flavours & colourants. **NATURAL TRADITIONAL MEDICINE.** © 2023 Raw Earth Organics only naturally sourced ingredients in its products. Product of South Africa. Health benefit references: healthline.com