

support your joints on a daily basis.

Tumeric may help fight symptoms of **ARTHRITIS & JOINT INFLAMMATION**

- Suppresses molecules responsible for inflammation.
- · May help treat symptoms of arthritis and swollen joint.
- A potent antioxidant that can neutralise free radicals.
 Boosts brain hormone BDNF (brain-derived neurotrophic factor), which may help fight various degenerative
- processes in your brain.
 May block the action of free radicals and may stimulate the action of other antioxidants.
- May aid longevity due to its potential to prevent heart disease. Alzheimer's, and cancer.

Moringa oleifera is an excellent **ANTIOXIDANT**

- · May help decrease inflammation and reduce pain.
- Rich in various antioxidants, including quercetin (may)
- help lower blood pressure) and chlorogenic acid (may help moderate blood sugar levels after meals).
- May lower your cholesterol levels, potentially reducing the risk of heart disease.

Bromelian (from pineapples) treats **INFLAMMATION**

- Effective treatment for the pain, soft-tissue swelling, and joint stiffness associated with osteoarthritis.
- Anti-inflammatory effects may ease asthma or other forms of allergic airway disease. Also, may alleviate swelling, congestion, and other symptoms associated
- May reduce inflammation and heal mucosal ulcers caused by inflammatory bowel disease.

with chronic sinusitis.

 May have the ability to positively impact cancer cell growth, and it may help to control the key pathways supporting malignancy.

INGREDIENTS: Tumeric (Curcuma longs 0 anti-inflammatory), Moringa oleffera (Immune booster), Bromelain (Protes) picties anti-inflammatory), veg capsules. COMPLEMENTARY MEDICINE Free from gluten, wheat, salt, sugar, dairy, soy, exasts, preservatives, artificial flavour's colourants. NaTURAL TRADITIONAL MEDICINE. P. 2023 Research and the protein sugar, dairy, soy, exasts, preservatives, artificial flavour's colourants. NaTURAL TRADITIONAL MEDICINE. P. 2023 Research and the protein sugar, dairy, soy, exasts, preservatives, artificial flavour's colourants. NaTURAL TRADITIONAL MEDICINE. P. 2023 Research and the protein sugar dairy sourced ingredients in its products. Product of South Africa, Health benefit references health line course.